

2025
D I R E C T O R Y

Healthcare in the heart of Esher

25 independent healthcare providers including:

GP appointments without the wait | Aesthetics | Autism screening
| Cancer screening | Complementary therapies | Female health
| Menopause care | Mental health | Podiatry | Scanning
| Varicose vein treatments and more...

Health Village
E S H E R

Welcome to Health Village Esher

Founded by a doctor, we're a vibrant community of carefully-chosen independent healthcare experts across thirteen specialties. Think of us as a 'shopping mall of health'.

For more information or to make an appointment please contact any of these providers directly, give us a call or stop by our friendly reception and say hello!

Find Us



Health Village Esher
13-17 Church Street,
Esher, Surrey KT10 8QS
0345 11 22 300 | www.eshergroves.com

Health Village
ESHER

Aesthetics

HAVA
AESTHETICS

Hava Aesthetics

As a specialist in skin rejuvenation and anti-ageing treatments, Dr Hadeel Nimaa uses cutting-edge aesthetic solutions to produce beautifully subtle results.

www.havaaesthetics.com

Featured
Provider

Wellface

Wellface

Advanced aesthetic doctors specialising in healthy, natural results using medical skincare, collagen biostimulators, microneedling-radiofrequency and injectables.

www.wellface.com

Featured
Provider

REVITAL LAB
AESTHETICS AND WELLNESS

Revital Lab

A hyper-personalised service offering state of the art medical aesthetic and wellness treatments from award-winning aesthetic doctor and trainer, Dr Raj Dhillon.

www.revitallab.co.uk

theskinclinics
ESHER

The Skin Clinics

Subtle, natural outcomes with wrinkle-reducing injections from dentist and advanced facial aesthetic practitioner and trainer, Dr Jalpesh Patel.

www.theskinclinics.co.uk

Autism Specialists

Skylight Psychiatry
Autism, ADHD and Mental Health Specialists

Skylight Psychiatry

Assessments and support for adults with autism and neurodevelopmental disorders such as ADHD, learning disabilities, Down's Syndrome and other neurodiversity.

www.skylightpsychiatry.co.uk



To learn more and to make an appointment
Please contact any of these practitioners directly and remember to mention that you saw them in this directory!

Cancer Screening



Cancer screening services for skin cancer as well as bowel, prostate, breast, lung cancer and more. Genetic testing for individuals with a strong family history of cancer.

Check 4 Cancer

www.check4cancer.com

Complementary Therapies



Transform your health with the power of personalised nutrition. Holistic, compassionate and evidence-based approach by Alice, HCPC and BDA Registered Dietitian.

Alice Dietitian

www.alicedietitian.com



For chronic pain, digestive health, hormones or mental health, Sarah will work on your specific issues with acupuncture treatment tailored just for you.

Sarah San Acupuncture

www.SarahSanAcupuncture.co.uk

Female Health

The Female Health Clinic

The Female Health Clinic

Peri/menopause, fluctuating hormones, PCOS, smears and medicated weight loss options. Personalised assessment and treatment by Dr Joanne Horgan, BMS specialist.

www.thefemalehealthclinic.co.uk

MINT WELLBEING

Mint Wellbeing

Women's Health Physiotherapy: Prenatal, postnatal, menopause and more, we support women with issues relating to their pelvic floor, bladder, bowel and core.

www.mintwellbeing.co.uk

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Functional Medicine



Go Doc

Treat the root cause of illness and slow cellular ageing. Diabetes, weight issues, IBS, hormones and more. Dr Natasha Patel, General Physician and Diabetologist.

www.godoc.ltd

General Practice

The Female Health Clinic

The Female Health Clinic

Convenient, AM/PM, weekends. Private GP for men and women. Personalised care, blood tests, referrals, screenings, medicated weight loss and more by specialists.

www.thefemalehealthclinic.co.uk



London Doctors Clinic

Private GP services with extended appointments and the personal touch. Easy bookings, same-day appointments. Check-ups, blood tests, specialist referrals and more.

www.londondoctorsclinic.co.uk



New Victoria Hospital

Need quick, personalised medical care? Our GP services offer same-day appointments, thorough check-ups and dedicated care tailored just for you. Book online now.

www.newvictoria.co.uk

Imaging



Apex Ultrasound

Medical ultrasounds for heart, abdominal, male and female health examinations and more provided by a Consultant Radiologist and clinical ultrasound specialists.

www.apexultrasound.uk

Male Health

The Female Health Clinic

The Female Health Clinic

Testosterone replacement for fatigue, reduced sex drive, mood changes, loss of muscle mass, body fat gain and hair loss with Dr Horgan, hormone specialist.

www.thefemalehealthclinic.co.uk

Mental Health

 Ann Cassidy Psychotherapy	Embrace positive change to flourish and move forward. With over 16 years of clinical experience, Ann is a qualified, BACP-accredited integrative psychotherapist. www.anncassidy.com
 Julie Lockyer	Therapy for individuals and couples with a particular focus on women's health, infertility and postnatal depression from Chartered Clinical Psychologist, Dr Julie Lockyer. www.julielockyer.co.uk
 The Love Clinic	Transform your romance from distress to success. Create calm, connection and contentment; revive emotional and sexual intimacy. Fall in love all over again. www.theloveclinic.net
 Dr Ravi Mehrotra	High quality personalised care: private psychiatry service for assessment and management of conditions including depression, anxiety, trauma and ADHD. www.psychiatrist-westlondon.co.uk
 Pankhurst Psychiatry	Holistic treatment of stress, depression, alcohol use and more using talking therapies and medication by Consultant Psychiatrist, Dr Kevin Pankhurst. www.pankhurstpsychiatry.co.uk
 Private Child Psychiatrist	Diagnosis and treatment of autistic spectrum disorder, ADHD and behavioural conditions in young people. Dr Lubna Karim, Consultant Child & Adolescent Psychiatrist. www.privatechildpsychiatrist.co.uk

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Mental Health

The Psychotherapist LONDON Stephen Slatter	Move forward by understanding your feelings and experiences with psychodynamic psychotherapy for depression, stress, trauma, loss, low self-esteem and more. www.thepsychotherapistlondon.com
THE SURREY Psychologist Dr Anna Hall	A compassionate approach to therapy for adults with anxiety, depression, trauma and more. Anna is an experienced Psychologist ready to support your wellbeing. www.thesurreypsychologist.com

Nursing Services

 Aspect Nursing Services	Specialist medical weight management, ear micro-suction, minor illness consultations, blood tests, cervical smears and nutritional care with Nadine Schirmer, RGN. www.aespect.co.uk
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Podiatry

 Stephen Prince Podiatry	Specialist podiatry and chiropody treatments including foot pain, ingrown nail surgery, orthotic insoles, foot dermatology and diabetic foot management. www.podiatry-chiropody.co.uk
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Vascular Surgery

 UK Vein Care	Remove varicose veins with the leading treatment specialists in the Nordics. Modern treatment methods delivering optimal results, carried out by leading surgeons. www.ukveincare.com
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Unlock Timeless Beauty

Wellface®



Dr. Yasmin Tayeb, the founder of Wellface, brings over ten years' experience in dentistry and facial aesthetics. Her commitment to excellence has earned the trust of celebrities and clients seeking high-quality treatments.



The Wellface® medical team brings you a wealth of aesthetic & advanced skin rejuvenation treatments using the latest technology including:

PROFHILO® - a game-changer in skin bio-remodelling, this unique treatment stimulates collagen and elastin production for improved skin tone, texture, and elasticity.

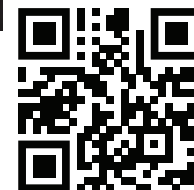
Polynucleotides - the next frontier in regenerative medicine, PN therapy stimulates cellular repair and regeneration, offering a natural and effective solution for a wide range of skin concerns.

Platelet-Rich Plasma (PRP) - harness your body's healing power for improved skin texture and tone, reducing fine lines and wrinkles and restoring a natural, youthful glow.

Secret™ RF & Secret™ Pro - revolutionise your skin care regimen with advanced treatments combining microneedling with radiofrequency to address signs of ageing, scars and skin laxity.



Visit [wellface.com](https://www.wellface.com) to learn more
and book your appointment online.





A Transformative Experience

With each treatment, HAVA Aesthetics brings scientifically backed methods to elevate your inner and outer well-being, providing personalised results for a beautifully refreshed look.

HArmonyCa®

This innovative hybrid filler combines hyaluronic acid and calcium hydroxyapatite to lift, contour, and firm skin, providing long-lasting, natural-looking volume and structure to areas that need definition and support.

Polynucleotides

Ideal for promoting skin repair and regeneration, Polynucleotides deeply hydrate and rejuvenate at the cellular level. This treatment boosts collagen production, helping improve texture, tone, and elasticity for healthier, younger-looking skin.

Profhilo®

Known as the 'injectable moisturiser', Profhilo® is a revolutionary treatment that stimulates collagen and elastin for deep hydration and enhanced skin firmness. It smooths fine lines, creating a radiant, dewy glow that revitalises the face, neck, and hands.

To book a consultation, contact us now by calling **0344 967 0003** or visit our website at **www.havaaesthetics.com**

TRANSFORM YOUR HEALTH

with our Medical Weight Management Programme

- Personalised plans
- Expert support
- Evidence-based approach
- Holistic wellness
- Accountability and motivation

“

I'm overjoyed at my progress. I've lost 9kgs which has come off at a steady rate. Nadine has been there every step of the way, always checking in to make sure all is going to plan and always available to answer any questions or concerns.

”

Rob



Nadine Schirmer
Nurse Prescriber

Take the first step today!

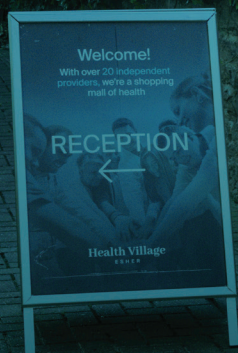
Call us at **01372 502553 / 07726 684 829**
or visit **www.aespect.co.uk**

Health Village
ESHER

Get in touch

For more information and to see the full list of practitioners based at Health Village Esher please visit us online, give us a call or drop into our tranquil, purpose-built environment and say hello!

www.eshergroves.com / 0345 11 22 300



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