



2025

DIRECTORY

JUL - DEC

Healthcare in the heart of Esher

26 independent healthcare providers including:

GP appointments without the wait | Aesthetics | Autism screening
| Cancer screening | Complementary therapies | Female health
| Menopause care | Mental health | Podiatry | Scanning
| Varicose vein treatments | Wound care and more...

Health Village
ESHER

Photograph: Dr. Hadeel Nimaa, Aesthetics Practitioner and GP

Welcome to Health Village Esher!

We're a co-working space for health professionals, playing host to over twenty carefully-chosen experts. Think of us as a 'shopping mall of health'.

For more information or to make an appointment please contact any of these professionals directly, give us a call or stop by our friendly reception and say hello.



Find Us







Health Village Esher

13-17 Church Street,
Esher, Surrey KT10 8QS
0345 11 22 300 | www.eshergroves.com

Health Village
ESHER

Aesthetics

 <p>HAVA AESTHETICS</p> <p>Hava Aesthetics</p>	<p>As a specialist in skin rejuvenation and anti-ageing treatments, Dr Hadeel Nimaa uses cutting-edge aesthetic solutions to produce beautifully subtle results.</p> <p>www.havaaesthetics.com</p>	<p>Featured Provider</p>
 <p>Wellface[®]</p> <p>Wellface</p>	<p>Advanced aesthetic doctors specialising in healthy, natural results using medical skincare, collagen biostimulators, microneedling-radiofrequency and injectables.</p> <p>www.wellface.com</p>	<p>Featured Provider</p>
 <p>Revital Lab</p>	<p>A hyper-personalised service offering state of the art medical aesthetic and wellness treatments from award-winning aesthetic doctor and trainer, Dr Raj Dhillon.</p> <p>www.revitallab.co.uk</p>	
 <p>The Skin Clinics</p>	<p>Subtle, natural outcomes with wrinkle-reducing injections from dentist and advanced facial aesthetic practitioner and trainer, Dr Jalpesh Patel.</p> <p>www.theskinclinics.co.uk</p>	

Autism Specialists

 <p>Skylight Psychiatry</p>	<p>Assessments and support for adults with autism and neurodevelopmental disorders such as ADHD, learning disabilities, Down's Syndrome and other neurodiversity.</p> <p>www.skylightpsychiatry.co.uk</p>	
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To learn more and to make an appointment

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Cancer Screening



Check 4 Cancer

Cancer screening services for skin cancer as well as bowel, prostate, breast, lung cancer and more. Genetic testing for individuals with a strong family history of cancer.

www.check4cancer.com

Complementary Therapies



Alice Dietitian

Transform your health with the power of personalised nutrition. Holistic, compassionate and evidence-based approach by Alice, HCPC and BDA Registered Dietitian.

www.alicedietitian.com



Sarah San Acupuncture

For chronic pain, digestive health, hormones or mental health, Sarah will work on your specific issues with acupuncture treatment tailored just for you.

www.SarahSanAcupuncture.co.uk

Female Health

The Female Health Clinic

The Female Health Clinic

Peri/menopause, fluctuating hormones, PCOS, smears and medicated weight loss options. Personalised assessment and treatment by Dr Joanne Horgan, BMS specialist.

www.thefemalehealthclinic.co.uk

Functional Medicine



Go Doc

Treat the root cause of illness and slow cellular ageing. Diabetes, weight issues, IBS, hormones and more. Dr Natasha Patel, General Physician and Diabetologist.



www.godoc.ltd

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General Practice

 Helth	<p>GP services built around your needs. Check-ups, urgent on-the-day consultations, medical weight loss, blood tests, screening, skin checks, genomics and more.</p> <p>www.helth.co.uk</p>
 London Doctors Clinic	<p>Private GP services with extended appointments and the personal touch. Easy bookings, same-day appointments. Check-ups, blood tests, specialist referrals and more.</p> <p>www.londondoctorsclinic.co.uk</p>

Imaging

 Apex Ultrasound	<p>Medical ultrasounds for heart, abdominal, male and female health examinations and more provided by a Consultant Radiologist and clinical ultrasound specialists.</p> <p>www.apexultrasound.uk</p>
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Mental Health

 Ann Cassidy Psychotherapy	<p>Embrace positive change to flourish and move forward. With over 16 years of clinical experience, Ann is a qualified, BACP-accredited integrative psychotherapist.</p> <p>www.anncassidy.com</p>
<p>Patricia Fitzgerald</p> Patricia Fitzgerald	<p>Fully Accredited BACP Child and Adolescent Psychotherapist working with families to help young people thrive through understanding themselves and the world.</p> <p>patriciafitzgerald29@gmail.com</p>



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Mental Health

 <p>Julie Lockyer</p>	<p>Therapy for individuals and couples with a particular focus on women's health, infertility and postnatal depression from Chartered Clinical Psychologist, Dr Julie Lockyer.</p> <p>www.julielockyer.co.uk</p>
 <p>The Love Clinic</p>	<p>Transform your romance from distress to success. Create calm, connection and contentment; revive emotional and sexual intimacy. Fall in love all over again.</p> <p>www.theloveclinic.net</p>
 <p>Dr Ravi Mehrotra</p>	<p>High quality personalised care: private psychiatry service for assessment and management of conditions including depression, anxiety, trauma and ADHD.</p> <p>www.psychiatrist-westlondon.co.uk</p>
 <p>Pankhurst Psychiatry</p>	<p>Holistic treatment of stress, depression, alcohol use and more using talking therapies and medication by Consultant Psychiatrist, Dr Kevin Pankhurst.</p> <p>www.pankhurstpsychiatry.co.uk</p>
 <p>Private Child Psychiatrist</p>	<p>Diagnosis and treatment of autistic spectrum disorder, ADHD and behavioural conditions in young people. Dr Lubna Karim, Consultant Child & Adolescent Psychiatrist.</p> <p>www.privatechildpsychiatrist.co.uk</p>
<p>The Psychotherapist LONDON</p> <p>Stephen Slatter</p>	<p>Move forward by understanding your feelings and experiences with psychodynamic psychotherapy for depression, anxiety, stress, trauma, loss and low self-esteem.</p> <p>www.thepsychotherapistlondon.com</p>

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Mental Health

THE SURREY
Psychologist

Dr Anna Hall

A compassionate approach to therapy for adults with anxiety, depression, trauma and more. Anna is an experienced Psychologist ready to support your wellbeing.

www.thesurreypsychologist.com

Nursing Services



Aspect Nursing
Services

Specialist medical weight management, ear micro-suction, minor illness consultations, blood tests, cervical smears and nutritional care with Nadine Schirmer, RGN.

www.aespect.co.uk

Podiatry



Stephen Prince
Podiatry

Specialist podiatry and chiropody treatments including foot pain, ingrown nail surgery, orthotic insoles, foot dermatology and diabetic foot management.

www.podiatry-chiropody.co.uk

Vascular Surgery



UK Vein Care

Remove varicose veins with the leading treatment specialists in the Nordics. Modern treatment methods delivering optimal results, carried out by leading surgeons.

www.ukveincare.com

Wound Care



Gentell

From the global leader in wound care, our dedicated UK wound clinics utilise best practice delivered by specialist clinicians to improve healing rates.

www.gentell.co.uk

Unlock Timeless Beauty



Dr. Yasmin Tayeb, the founder of Wellface, brings over ten years' experience in dentistry and facial aesthetics. Her commitment to excellence has earned the trust of celebrities and clients seeking high-quality treatments.

The Wellface® medical team brings you a wealth of aesthetic & advanced skin rejuvenation treatments using the latest technology including:

PROFHILO® - a game-changer in skin bio-remodelling, this unique treatment stimulates collagen and elastin production for improved skin tone, texture, and elasticity.

Polynucleotides - the next frontier in regenerative medicine, PN therapy stimulates cellular repair and regeneration, offering a natural and effective solution for a wide range of skin concerns.

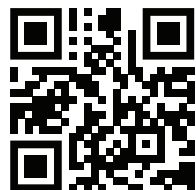
Platelet-Rich Plasma (PRP) - harness your body's healing power for improved skin texture and tone, reducing fine lines and wrinkles and restoring a natural, youthful glow.

Secret™ RF & Secret™ Pro - revolutionise your skin care regimen with advanced treatments combining microneedling with radiofrequency to address signs of ageing, scars and skin laxity.

Wellface[®]



Visit [wellface.com](https://www.wellface.com) to learn more
and book your appointment online.



HAVA

AESTHETICS



A Transformative Experience

With each treatment, HAVA Aesthetics brings scientifically backed methods to elevate your inner and outer well-being, providing personalised results for a beautifully refreshed look.

HArmonyCa®

This innovative hybrid filler combines hyaluronic acid and calcium hydroxyapatite to lift, contour, and firm skin, providing long-lasting, natural-looking volume and structure to areas that need definition and support.

Polynucleotides

Ideal for promoting skin repair and regeneration, Polynucleotides deeply hydrate and rejuvenate at the cellular level. This treatment boosts collagen production, helping improve texture, tone, and elasticity for healthier, younger-looking skin.

Prophilo®

Known as the 'injectable moisturiser', Prophilo® is a revolutionary treatment that stimulates collagen and elastin for deep hydration and enhanced skin firmness. It smooths fine lines, creating a radiant, dewy glow that revitalises the face, neck, and hands.

To book a consultation, contact us now by calling **0344 967 0003**
or visit our website at **www.havaaesthetics.com**

TRANSFORM YOUR HEALTH

with our Medical Weight Management Programme

- Personalised plans
- Expert support
- Evidence-based approach
- Holistic wellness
- Accountability and motivation

“

I'm overjoyed at my progress. I've lost 9kgs which has come off at a steady rate. Nadine has been there every step of the way, always checking in to make sure all is going to plan and always available to answer any questions or concerns.

Rob

”

Nadine Schirmer
Nurse Prescriber



Take the first step today!

Call us at **01372 502553 / 07726 684 829**
or visit **www.aespect.co.uk**

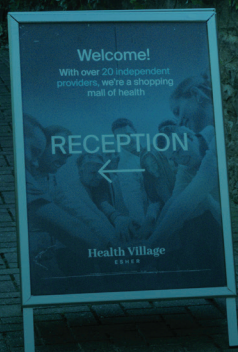

AESPECT
Health & Wellness

Health Village
ESHER

Get in touch

For more information and to see the full list of practitioners based at Health Village Esher please visit us online, give us a call or drop into our tranquil, purpose-built environment and say hello!

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